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South Sefton Clinical Commissioning Group
Southport and Formby Clinical Commissioning Group

# Primary Care Networks in Sefton

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**Director of Place**

**December 2019**

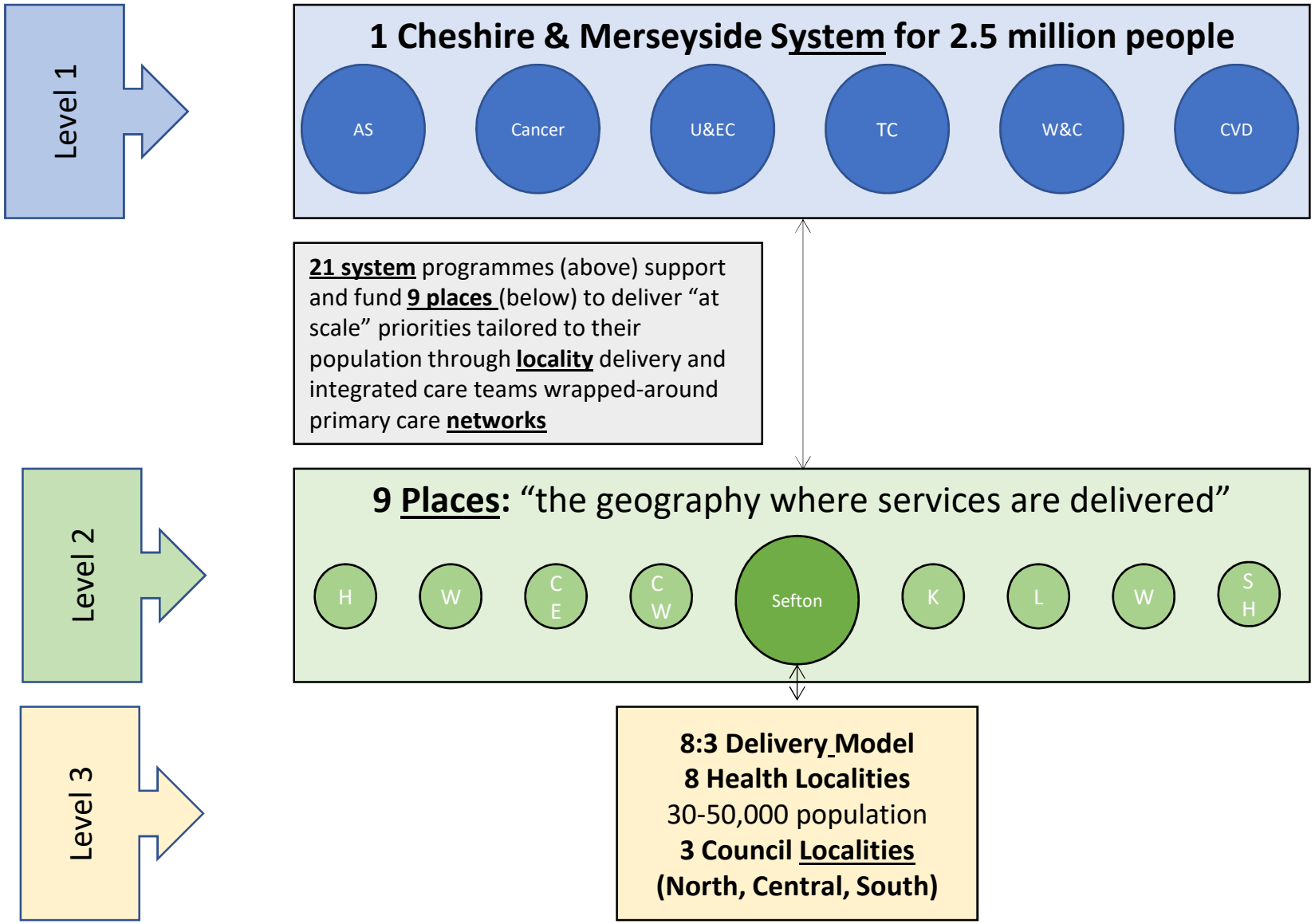
Staying **local & together**

**together** with you

# This update will cover

- The context of PCNs in the system
- What are Primary Care Networks? (PCNs)
- National Policy for PCNs
- PCN relevance to local plans & priorities
- PCNs in Sefton
- Initial Priority Areas

# Policy and delivery remain focused on three levels:
# (1) C&M "System" (2) Sefton (3) Networks



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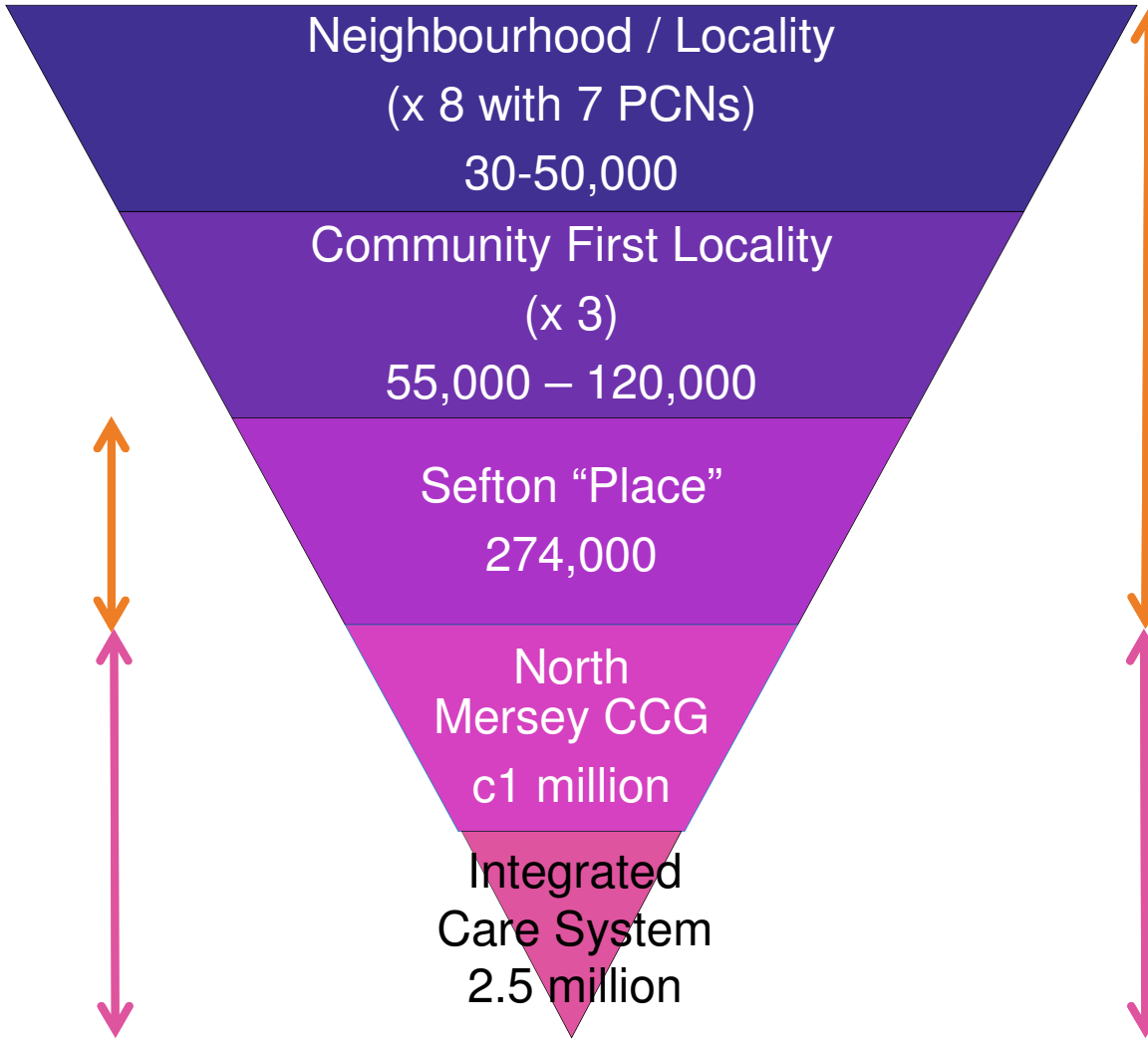
# A possible future landscape for Sefton

**Commissioning**: Leaner and more strategic; a key enabler for integration is pooled budgets. **Strategic commissioning occurs at two levels:**

(1). **Aligned and/or integrated at place-level with the Council**

(2)**. Integrated at scale (a merged CCG footprint) for acute services**




**Service Provision**: Based on "… footprints that respect patient flows". Given that population health is maximised at place level **provision is led by multi-disciplinary Integrated Care Teams that are wrapped around PCNs and cover health (specialist), (social) care and wellbeing (VCF sector) services**

**Provision "at scale" focuses on acute care collaboration, supported by single service models that operate across multiple places** and the formation of new acute provider group models as per Salford and Warks

The places and communities we live in and with* | Together a stronger community | A borough for everyone

The wider determinants of health*

# A confident and connected borough - future health, care and wellbeing in Sefton

*Health, care and wellbeing services are joined-up, with many provided in local communities. Empowered people make positive changes to their lives and it is easy to get the right support in the right place first time and they live longer, healthier and happier lives as a result. There has been a reduction in health inequalities and key identified needs have been addressed*

Integrated Care Partnership

Integrated Care System

SEFTON2GETHER

## Healthy behaviours and lifestyles*

Early Intervention, Self-Care and Prevention: coordinated and seamless healthy living.

Health, care and well-being services offer **prevention and early intervention services** in partnership with **voluntary, community and faith sector services**.

**Mobilised communities** are empowered to actively engage in self-care and wellbeing **for all ages**. **Integrated intelligence systems** support self care and prevention; 'make every contact count' is embedded and enables risk stratification for targeted and personalised services.

## Integrated health and care system*

**Primary Care Networks** are part of a multi-disciplinary and multi-agency **integrated care team** across all **health, care and wellbeing** providers with a **digitally enabled single point of access** and targeted care coordination supporting geographies of 30-50k population, with **GP**s as the **senior clinical leader** and an overseer of patient care.

## Optimised acute care

**Urgent & Emergency Care** and **Planned Care** are focussed on whole pathway optimisation for physical and mental health and people only **attend hospital when they need inpatient or specialist outpatient care.**

People can access to **acute services** which will provide quality services that meet **national standards**, achieve **best practice** and deliver the **best possible clinical outcomes**. This, in most cases, will be **delivered locally**, but for **some areas this may be further away** to ensure the **best possible expertise, facilities and care** are available.

People know what **local services** are available to access for **any urgent needs** and will have access to **care navigators** to help them access services. People will experience **seamless care between the hospital, community and primary care** with integrated services making sure they are home and accessing community care as quickly and as safely as possible. Services are available closer to home and outside of the hospital setting wherever possible with **Integrated Specialist Teams.**

*Starting well… living well… ageing well… dying well…*

- 21st Century **digital** and technological solutions
- An integrated trained flexible **workforce** supports care delivery; system leadership enables empowered teams to work 'without walls'
- **Financially** sustainable and working to a capitated budget maximising the Sefton £
- Whole system optimised **estates** across Sefton
- System level coordinated **communication and engagement**

Strategic commissioning

Primary care networks

A clean, green and beautiful borough

On the move

Living, working and having fun

Visit, explore and enjoy | Ready for the future | Open for business

Mel Wright | Programme Manager | Sefton Health and Care Transformation Programme | Version 6.0

*Four pillars of population health (King's Fund, Nov 2018)

# What are PCNs?

- PCNs are groups of GP practices who have agreed to work together, though a formal agreement to:
  - to support the development and sustainability of general practice services
  - work with other partners in their community to improve the health and wellbeing of local people.
- Whilst focusing on the needs of their local populations, PCNs have also agreed to deliver the requirements of a national PCN contract.

# National Policy on PCNs

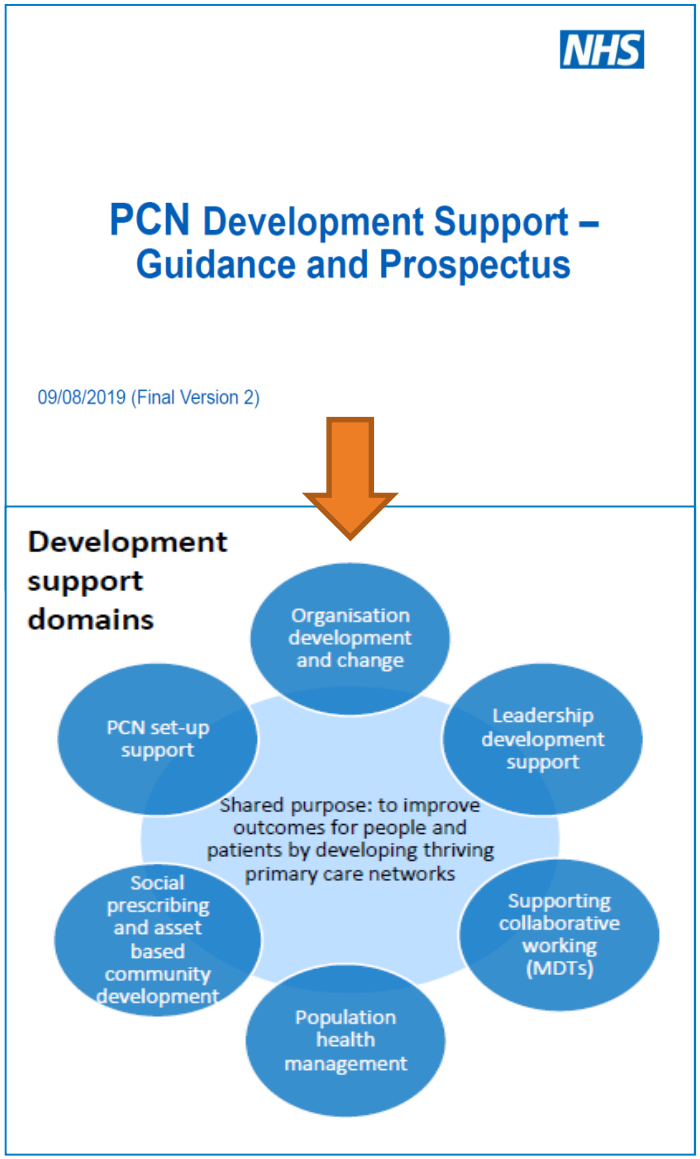
Purpose of PCNs

- Stability: support for and sustainability of GP services
- Better health and care: “dock” for other NHS community services in the “place” to meet health and wellbeing needs
- Integration: an essential building block for integrated working, based on populations of around 30-50k
- Investment: joint investment and delivery vehicle
- Additional specified roles to be developed over 5 years
- Community leadership: Clinical Director role – strategic and clinical leadership

# National Policy on PCNs

- Key components of the PCN contract:
  - Workforce: five additional roles - clinical pharmacists, social prescribers, physician associates, physiotherapists, first contact community paramedics
  - Improved Quality Outcomes Framework for general practice
  - PCN establishment, registration and governance
  - Urgent care : Extended hours
  - Digital innovation
  - Seven national service specifications : medication reviews, care homes, anticipatory care, personalised care, cancer diagnosis, CVD and tackling health inequalities.

# Recent announcements have focused on level three: Primary Care Network (PCN) Development




- ***Re-cap: PCNs are seen as the foundation for delivering integrated care***
- Prospectus published in August 2019, together with a self-assessment maturity matrix
- *"In 2019/20 we expect PCNs will prioritise specific service improvements … focused around the needs of local people and communities"*
- The HCP has written to Clinical Directors requesting **two outputs by the end of November**:

1. An **annual plan** for 2019/20; and
2. A **self-assessment** covering five areas: leadership, planning and partnerships, integrating care, manging resources, population health mag't and working with people and communities

- PCN RightCare opportunity packs have also been published.

# Local relevance of PCNs

- PCNs are a core component of our Sefton Health and Care Transformation Programme model
- They are central to Sefton2gether - our refreshed five year plan and Health and Wellbeing Strategy
- They enable stronger collective voice and engagement of general practice with other partners to improve health and wellbeing

# Our Sefton PCNs

- There are seven PCNs established across our eight " health" localities in Sefton. One PCN covers two of our localities – Crosby and Maghull
- Initially established in April 2019 through a local NHSE scheme which was then adapted to meet the requirements of the national scheme which commenced on July 1st 2019

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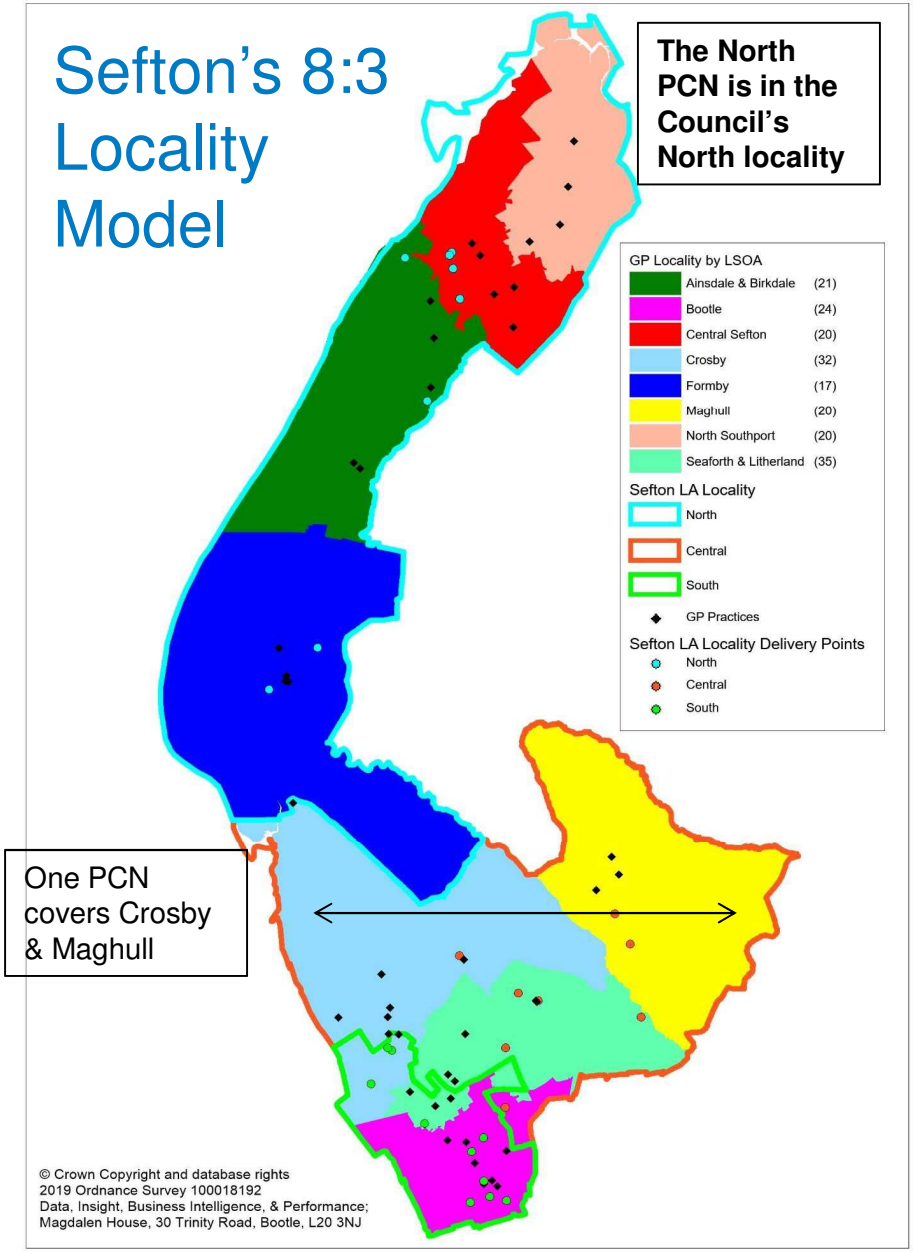
# Sefton's 8:3 Locality Model




- The map highlights Sefton's 8:3 locality model which includes:
- ***8 Health localities*** *(covering 7 PCNs) based on 30-50,000 populations*
- ***3 Council localities*** *based on equalised demand and serving increasingly larger population footprints, from 55,000 in the South to 120,000+ in the North*
- ***4 Health localities*** *(with 4 coterminous PCNs)* ***are in Southport & Formby*** *and align to the Council's North locality (turquoise border)*
- ***4 Health localities (with 3 PCNs) are in South Sefton*** *and align to the Council's Central and South localities (orange and green borders)*
- *Partner services are aligned to the 8* or 3 locality approach – **the goal is to strengthen working relationships across partners so that there is a seamless offer for local people**

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# Sefton PCNs

## PCN Clinical Directors

| South Sefton PCNs | Clinical Director |
|---|---|
| Team Bootle PCN | Dr Catherine Aspden |
| Crosby and Maghull PCN | Dr Craig Gillespie ( Deputy Director<br>Dr Pete Chamberlainlink for Maghull) |
| Seaforth and Litherland PCN | Dr Sandra Oelbaum |
| **Southport & Formby PCNs** | **Clinical Director** |
| Birkdale & Ainsdale PCN | Dr Simon Foster |
| Formby PCN | Dr Doug Callow |
| North Southport PCN | Dr David Smith |
| Central Southport PCN | Dr Tim Irvine |

# Progress so far – getting established

- Governance arrangements established and Clinical Directors appointed
- Managerial support in place and CCG/PCN support team identified
- Initial PCN plans in place and accessing NHSE support
- PCN involvement in Sefton Transformation Programme and Provider Alliance
- Clinical Directors meeting established to develop collaborative working across PCNs
- Data and budget packs in development to enable focus on population health management

# Progress so far: Team and service development across Sefton PCNs

- Innovative medicines hub model established across all PCNs
- Social Prescribing Link Worker service commissioned from Voluntary Community and Faith sector commencing Jan 2020
- Extended Hours service in place
- Development of integrated care teams including piloting of social care link workers in three PCNs
- Practice Participation Group (PPG) development in conjunction with Healthwatch Sefton

# Individual PCN priorities

| South Sefton PCNs | Initial areas of focus |
|---|---|
| Team Bootle PCN | Bootle No Wrong Door - integrated care team pilot, access to mental health services, GP recruitment and retention, collaborative flu vaccination, families in crisis or complex needs, social prescribing, medicines hub, PPG development and community engagement. |
| Crosby and Maghull PCN | Focus on dementia, older people's care, end of life care , digital innovation, integrated care team pilot, GP recruitment & retention. PPG development and community engagement. Non-fatty liver disease project, medicine's hub, social prescribing. |
| Seaforth and Litherland PCN | Future employment models, additional roles such as physician associate and physio, safeguarding, mental health, social prescribing, medicines hub, early cancer diagnosis, housebound service, development of patient engagement activities. |

# Individual PCN priorities

| Southport & Formby PCNs | Initial areas of focus |
|---|---|
| Ainsdale &Birkdale PCN | Different models of collaborative working for GP resilience, skill mix, acute visiting scheme, medicines hub, social prescribing, integrated care team pilot |
| Formby PCN | GP sustainability & workforce, patient engagement, social prescribing, medicines hub, partnership working, digital innovation. |
| North Southport PCN | Medicines hub, social prescribing, exercise and dietary advice, care homes, older people, future models of PCN working, integrated care team working |
| Central Southport PCN | Sustainable working within the PCN, flu vaccination nursing home project, care homes, homelessness project, social prescribing, medicines hub |

# Summary

PCNs are new and need time to develop, however they present a significant opportunity to strengthen our collective ambition to support the sustainability of general practice, integrate care and improve the health and wellbeing of local people.

PCNs are keen to work alongside local communities and partners to make this a reality.

# Contacts

Any questions or queries, please contact

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